## PineappleMan Triathlon – 5K Run Course (3.1 Miles) **Run Course** OCEAN CREST Mile Marker CONDO 9th Terrace 12th Ave **Aid-Water Station** 13th Ave 12th Terrace ourne Ave Volunteer Ormond Dr **Law Enforcement** (IPD) Orlando B Aid Stations Cocoa Ave Duathlon Tampa Ave Tampa Ave Turnaround Palmetto PI Deland Ave Melbourne Beach Deland Ave Miam\ Ave isherman S Riverside Dr Point (A1A) Hibiscus Trail Riverside Or Banyan Way Magnolia Poinsettia Rd Andrews Dr NSET BAY Avenue B Avenue B Black Dog Bait and Tackle **Finish Line** 506-598 Ocean Avenue Transition